



# Top 12 Resources for Parents and Caregivers

## Organizations and Associations for Mental Health

1. **Autism Society of America**  
[www.autismsociety.org](http://www.autismsociety.org)

2. **National Autism Center**  
[www.nationalautismcenter.org](http://www.nationalautismcenter.org)

3. **National Autism Association**  
[www.nationalautismassociation.org](http://www.nationalautismassociation.org)

4. **Autism Speaks**  
[www.autismspeaks.org](http://www.autismspeaks.org)

5. **Autism Now**  
[www.autismnow.org](http://www.autismnow.org)

6. **Autism Research Institute**  
[www.autism.org](http://www.autism.org)

7. **National Institute of Mental Health**  
[www.nimh.nih.gov](http://www.nimh.nih.gov)

8. **Children's National Hospital**  
[www.childrensnational.org](http://www.childrensnational.org)

9. **Center for Disease Control**  
[www.cdc.gov/ncbddd/actearly/index.html](http://www.cdc.gov/ncbddd/actearly/index.html)

10. **In Reach (Charlotte, NC)**  
[www.inreachnc.org](http://www.inreachnc.org)

11. **Vocational Rehabilitation (Varies by State)**

12. **Hooked On Phonics**  
[www.hookedonphonics.com](http://www.hookedonphonics.com)